



LGBTQ Identity, Religion and Spirituality Group

Center

Explore

Transform

In a small, supportive psychotherapy group, we will explore the intersection of LGBTQ identity, religion, and spirituality in your life - the ways in which it has both strengthened and challenged your feelings of self-love and acceptance. We will discuss the connection this may have on your relationships with others and your felt connectedness with your higher power.

People of all faith traditions (or no formal faith tradition) welcome.

8 Wednesdays 7:15 – 8:30pm (exact dates TBD)
8120 Woodmont Avenue, Bethesda, MD
\$60 per session (may be insurance reimbursable)

To register or for more information, contact the group leader, Cindy Stauffer, LCPC at Cindy@Capitalcrescentcounseling.com or 240-305-7620.